

## *Our Deepest Fear*

*By Marianne Williamson*

*“Our deepest fear is not that we are inadequate,  
our deepest fear is that we are powerful beyond measure.*

*It is our light, not our darkness, that most frightens us.*

*We ask ourselves, “Who am I to be brilliant, gorgeous,  
talented, fabulous?”*

*Actually, who are you not to be? You are a child of God.*

*Your playing small does not serve the world.*

*There is nothing enlightened about shrinking  
so that other people won't feel insecure around you.*

*We are all meant to shine, as children do.*

*We were born to make manifest the glory of God that is  
within us.*

*It is not just in some of us; it is in everyone.*

*As we let our own light shine,  
we give other people permission to do the same;*

*as we are liberated from our own fear,  
our presence automatically liberates others.”*